

How are you regularly battling temptation? Is it working?
How might memorized Scripture strengthen you in the battle?

SESSION 5

Date _____

Lesson: The Second Resource: Time in the Word - Part 2 (pp. 33-39).

(1) Discuss your answers to the homework questions from the previous session. (2) Share successes or failures in applying the truths you're learning.

To prepare for the next session:

- ✓ Bible Reading: Continue with daily Bible readings (p. 61), or consider a Bible reading plan* of your own.
- ✓ Scripture Retrieval: Choose a new truth or promise (pp. 66-67); memorize the new passage and review the past four.
- ✓ Prayer: Continue using your praise list (p. 60); use your prayer journal (p. 58); and the 10-minute prayer pattern (pp. 58-59).
- ✓ Meditation: Read pp. 41-52 and consider:
 - What areas in your life stand in opposition to the Spirit's work?*
 - Is there an area of spiritual discipline that you have considered quitting (or actually have quit), because you have been impatient for the fruit to develop?*
 - What are your two most God-glorifying habits? What are your two least?*
 - What "imagination" do you need to "cast down" and bring into captivity?*

SESSION 6

Date _____

Lesson: The Third Resource: Dependence on the Spirit - Part 1 (pp. 41-52).

(1) Discuss your answers to the homework questions from the previous session. (2) Share successes or failures in applying the truths you're learning.

To prepare for the next session:

- ✓ Bible Reading: Continue daily Bible readings; read "Next Steps for Change" (p. 65) and choose your next step.
- ✓ Scripture Retrieval: Choose a new truth or promise (pp. 66-67); memorize the new passage and review the past five.
- ✓ Prayer: Continue with your prayer time.
- ✓ Meditation: Read pp. 52-56 and consider:
 - How has your walk with the Lord improved over the course of this study? What has changed? How are you different?*
 - In what ways are you expressing your daily dependence on the Lord? Do you believe this is observable to others? In what ways?*
 - How is the Holy Spirit convicting you? Leading you?*

SESSION 7

Date _____

Lesson: The Third Resource: Dependence on the Spirit - Part 2 (pp. 52-56).

(1) Review and discuss the answers to your homework questions from the previous week. (2) Share successes or failures in applying these truths.

While this concludes the study, it should not conclude the daily habits essential for growth you have been developing. May you continue to grow in grace and in the knowledge of the Lord Jesus (2 Pet. 3:18).

- ✓ Bible Reading: Continue with daily readings.
- ✓ Scripture Retrieval: Select Bible passages in areas of struggle and continue your pattern.*
- ✓ Prayer: Deepen and develop your prayer time.
- ✓ Meditation: Consider spending 15 minutes a day reading a spiritual growth book to supplement your daily Bible reading.*

* Check out the resources tab at biblicalstrategies.com for free downloads of many helpful articles and tools.

Accountability Plan Study Guide

Just Like Jesus

biblical strategies for growing well



Biblical Strategies

How you get to where God's taking you.

BiblicalStrategies.com

STUDY GUIDE & ACCOUNTABILITY PLAN

This guide accompanies the book *Just Like Jesus: biblical strategies for growing well*. It is intended to assist you in personal study, counseling or discipleship. It can also be used to lead a small group study through *Just Like Jesus*. Permission is granted to make copies and distribute as needed. Additional resources are available at: www.biblicalstrategies.com

SESSION 1

Date _____

Lesson: Getting started.

Read 7-9 and briefly familiarize yourself with the practical suggestions (pp. 57-71).

Discussion questions:

Was there a time in your past when you consistently spent time in the Word and prayer? If so, describe the circumstances. If not, why not? How might the knowledge that Jesus depended on these resources have changed your perspective?

To prepare for the next session:

- √ Bible Reading: Begin daily Bible readings (p. 61).
- √ Scripture Retrieval: Choose a truth or promise (pp. 66-67) and begin memorizing the biblical passage.
- √ Prayer: Use the 10-minute prayer pattern (pp. 58-59)
- √ Meditation: Read pp. 11-15 and consider:
 - What activities do you tend to prioritize over prayer?*
 - Do you have a regular time and place for prayer?*
 - What distractions do you face in/during prayer? How might you minimize them?*
 - Is there a burden over which you are currently laboring in prayer?*

SESSION 2

Date _____

Lesson: The First Resource: Prayer. Part 1 (pp. 11-15)

(1) Discuss your answers to the homework questions

from the previous session. (2) Share successes or failures in applying the truths you're learning.

To prepare for the next session:

- √ Bible Reading: Continue daily Bible readings (p. 61); consider the "3 Questions of Bible Study" as you read the Scriptures (p. 64).
- √ Scripture Retrieval: Choose a new truth or promise (pp. 66-67); memorize the new passage and review the past one.
- √ Prayer: Start your prayer journal (pp. 58); continue with the 10-minute prayer pattern (pp. 58-59)
- √ Meditation: Read pp. 16-24 and consider:
 - In what ways do you show God reverence? Are there ways you can improve in this area?*
 - Is there an area in your life you are finding difficult to submit to God? Do you believe God wants what's best? Do you believe he is control? How might prayer alter or support your perspective?*
 - In what areas of your life are you exercising dependence on God? How is this expressed? Would those who know you best agree with your self-assessment?*

SESSION 3

Date _____

Lesson: The First Resource: Prayer. Part 2 (pp. 16-24).

(1) Discuss your answers to the homework questions from the previous session. (2) Share successes or failures in applying the truths you're learning.

To prepare for the next session:

- √ Bible Reading: Continue daily Bible readings (p. 61), consider the "9 Questions for Application" as you read (p. 64)
- √ Scripture Retrieval: Choose a new truth or promise (pp. 66-67); memorize the new passage and review the past two.
- √ Prayer: Add to your prayer journal (p. 58); continue with

the 10-minute prayer pattern (pp. 58-59)

√ Meditation: Read pp. 25-32 and consider:

On a scale of 1-10 how would you describe your working knowledge of the Bible? In what areas is improvement needed? Describe a past time when Bible reading/study was especially meaningful. Is that the way it has been recently? Why/why not?
How do you document your Bible learning? See "Observe Carefully," pp. 29-31.

SESSION 4

Date _____

Lesson: The Second Resource: Time in the Word - Part 1 (pp. 25-32).

(1) Discuss your answers to the homework questions from the previous session. (2) Share successes or failures in applying the truths you're learning.

To prepare for the next session:

- √ Bible Reading: Continue daily Bible readings (p. 61); Google one of the recommended Study Bibles and prayerfully consider which might be best for you (p. 65).
- √ Scripture Retrieval: Choose a new truth or promise (pp. 66-67); memorize the new passage and review the past three.
- √ Prayer: Choose a quality from the Praise list and add it to your prayer (p. 60); use your prayer journal, and the 10-minute prayer pattern (pp. 58-59).
- √ Meditation: Read pp. 33-39 and consider:
 - What was the last major change you made in your life? In what way(s) was God apart of it?*
 - What was the last scripture you purposefully memorized and when did that take place?*
 - In what areas in your life would Scripture memory have the greatest impact?*