

The Value of Scripture Memory in Combatting Destructive Behaviors

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FOR THOSE STRUGGLING WITH DESTRUCTIVE BEHAVIORS

- The WORD OF GOD is your weapon (Mt. 4:4, 7, 10)
- The WILL OF GOD is your purpose (Mk. 14:36)
- The LOVE OF GOD is your comfort (Jn. 15:9)
- The GLORY Of GOD is your intention (Jn. 12:27-28)



The WORD OF GOD is your weapon

But he answered, “It is written, “ ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’ ” – Matthew 4:4

Jesus said to him, “Again it is written, ‘You shall not put the Lord your God to the test.’ ” – Matthew 4:7

Then Jesus said to him, “Be gone, Satan! For it is written, “ ‘You shall worship the Lord your God and him only shall you serve.’ ” – Matthew 4:10



THE VALUE OF SCRIPTURE MEMORY

The WILL OF GOD is your purpose

And he said, “Abba, Father, all things are possible for you. Remove this cup from me. Yet not what I will, but what you will.” – Mark 14:36



THE VALUE OF SCRIPTURE MEMORY

The LOVE OF GOD is your comfort

⁹ As the Father has loved me, so have I loved you. Abide in my love. ¹⁰ If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and [I] abide in his love. – John 15:9-10



THE VALUE OF SCRIPTURE MEMORY

The GLORY OF GOD is your intention

²⁷ “Now is my soul troubled. And what shall I say? ‘Father, save me from this hour’? But for this purpose I have come to this hour. ²⁸ **Father, glorify your name.**” Then a voice came from heaven: “I have glorified it, and I will glorify it again.” – John 12:27-28



THE VALUE OF SCRIPTURE MEMORY

I keep six honest serving-men
(They taught me all I knew);
Their names are HOW and WHAT and WHY.
WHEN and WHERE and WHO.

--RUDYARD KIPLING



THE VALUE OF SCRIPTURE MEMORY

WHY IS SCRIPTURE MEMORY ESSENTIAL?

- The THEOLOGICAL Why: When facing temptation, Jesus depended upon memorized Scripture (Mt. 4:1-11).
- The PRACTICAL Why: When facing temptation, we cannot retrieve what we have not memorized (Psa. 119:10-11).
- The SPIRITUAL Why: When facing temptation, we prepare for the enemy's deception by wielding the Word of Truth well (Eph. 6:17).



EPHESIANS 6:17

¹⁴ Stand therefore, having fastened on the belt of truth,...¹⁷ and take...the sword of the Spirit, which is the word of God.



THE VALUE OF SCRIPTURE MEMORY



the lies of temptation

- No one will know what you're about to do.
- The temptation is too difficult for you.
- You keep falling. You'll never have victory.
- Your past is too hard; you can't overcome it.
- You can't change; that's just the way you are.
- God is keeping something good from you.
- You can avoid the consequences.
- God must want you to sin.
- Don't tell anybody your struggle; you can overcome this sin on your own.

WHO IS THE ONE STRUGGLING WITH DESTRUCTIVE BEHAVIORS?

When it comes to Scripture
memory most of our counselees
are **Little League learners** with
Major League problems.



THE VALUE OF SCRIPTURE MEMORY

HOW DO YOU MEMORIZE SCRIPTURE?

- Be CONSISTENT—find a pattern that works for you and practice it.
- Be PATIENT—forgetting and relearning is an essential part of the memorization process.
- Be INQUISITIVE—the meaning of the text matters for proper retrieval (Mt. 4:4 & Dt. 8:3).



PRACTICE A PATTERN

REPEAT TO REMEMBER

- Day 1 – 25 times
- Day 2 – 20 times
- Day 3 – 15 times
- Day 4 – 10 times
- Day 5 – 5 times

One week total: 75 times

1

REVIEW TO RETAIN

- Daily for 1 month
- Weekly for 1 year
- Monthly for 2nd year

Two-year total: 95 times

2

MASTER THRU MINISTRY

Use it in prayer, teaching, counseling, and battling personal temptations.

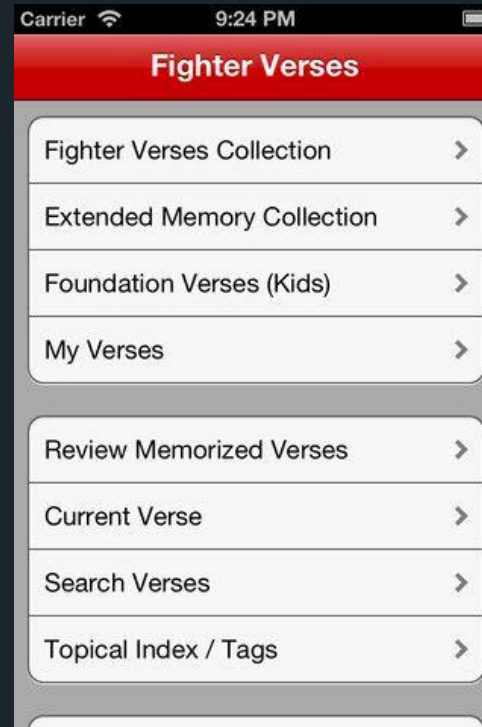
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Scripture Typer APP



Fighter Verse APP



VerseMinder APP



THE VALUE OF SCRIPTURE MEMORY

DEUTERONOMY 8:3

² And you shall remember the whole way that the LORD your God has led you these forty years in the wilderness, that he might humble you, testing you to know what was in your heart, whether you would keep his commandments or not. ³ And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD.



THE VALUE OF SCRIPTURE MEMORY

WHAT PASSAGES SHOULD YOU MEMORIZE?

- The Lie/Truth Formula: we memorize passages that answer the deceptive nature of temptation. This is how we learn to say “no” to the temptation.
- The Promise/Passage Formula: we memorize passages about the character of God and the nature of the Gospel. As we love God more, we will love sin less. This is how we weaken the appeal of the temptation over time.



WHEN & WHERE SHOULD YOU MEMORIZE SCRIPTURE?

- Anytime and anywhere



THE VALUE OF SCRIPTURE MEMORY

FOR THOSE STRUGGLING WITH DESTRUCTIVE BEHAVIORS

- The WORD of God is your weapon
The memorized Word prepares your mind for spiritual battle
(2 Cor. 10:5).
- The WILL of God is your purpose
The memorized Word strengthens your desire to surrender
(Ps. 40:8).
- The LOVE of God is your comfort
The memorized Word affirms God's love of you (Zeph. 3:17).
- The GLORY of God is your intention
The memorized word directs your focus to the glory of God
(1 Cor. 6:19-20)

